

# Dinner Times

TRADITIONAL AUTUMN

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

V = Vegetarian VG = Vegan  
GF = Gluten Free

## Week 1

28th Aug, 18th Sep, 9th Oct  
30th Oct, 20th Nov, 11th Dec

Hand Stretched Margherita or Pepper Pizza with Garlic Slice (V)  
Mexican Bean Chilli & Home Baked Tortilla Chips (VG)  
Jacket Potato with Choice of Fillings (GF)

Green Beans, Sweetcorn  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)

Ice Cream Roll (V)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

Oven Baked Sausages  
Cheesy Pasta Bake (V)  
Jacket Potato with Choice of Fillings (GF)

Crushed New Potatoes (VG) (GF)  
Peas, Carrots, Gravy (VG) (GF)  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)

Chocolate Sponge & Chocolate Sauce (V)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

Roast Chicken (GF)  
Baked Bean Potato Pie (VG) (GF)  
Jacket Potato with Choice of Fillings (GF)

Skin on Roast Potatoes (VG) (GF)  
Carrots, Broccoli, Gravy (VG) (GF)  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)

Fruit & Jelly (VG) (GF)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

Penne Pasta Bolognese  
Cheese & Tomato Stromboli (V)  
Jacket Potato with Choice of Fillings (GF)

Green Beans, Cauliflower  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)

Oaty Cookie (VG)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

Breaded Fish Fingers  
Vegetable Sausages (VG)  
Jacket Potato with Choice of Fillings (GF)

Chips (VG) (GF), Peas  
Baked Beans(VG) (GF), Ketchup (VG) (GF)  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)

Apple Cake (V)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

## Week 2

4th Sep, 25th Sep, 16th Oct  
6th Nov, 27th Nov, 18th Dec

Hand Stretched Margherita or Pineapple Pizza with Pasta Salad (V)  
Vegetable & Noodle Stir Fry (VG)  
Jacket Potato with Choice of Fillings (GF)

Sweetcorn, Baked Beans (VG) (GF)  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)

Strawberry & Vanilla Mousse (V) (GF)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

Macaroni Cheese (V)  
Mild Beef Chilli Con Carne (GF)  
Jacket Potato with Choice of Fillings (GF)

Steamed Rice (VG) (GF)  
Green Beans, Carrots  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)

Red Velvet Brownie (V)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

Roast Gammon (GF)  
Cheese & Tomato Pinwheel (V)  
Jacket Potato with Choice of Fillings (GF)

Skin-On Roast Potatoes (VG) (GF)  
Carrots, Cauliflower, Gravy (VG) (GF)  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)

Lemon Cookie (VG)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

Sausage & Baked Bean Casserole  
Shepherdess Pie (VG)  
Jacket Potato with Choice of Fillings (GF)

Crushed New Potatoes (VG) (GF)  
Broccoli, Sweetcorn  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)

Apple Flapjack (VG)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

Choice of Breaded Fish Fingers or Salmon Fishcake  
Baked Bean Melt (V)  
Jacket Potato with Choice of Fillings (GF)

Chips (VG) (GF), Peas  
Baked Beans(VG) (GF), Ketchup (VG) (GF)  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)

Banana Bread (V)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

## Week 3

11th Sep, 2nd Oct  
23rd Oct, 13th Nov, 4th Dec

Hand Stretched Margherita or Sweetcorn Pizza with Garlic Slice (V)  
Vegetable Biryani (VG) (GF)  
Jacket Potato with Choice of Fillings (GF)

Green Beans, Sweetcorn  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)

Chocolate Crispy Cake (VG)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

Cottage Pie (GF)  
Neopolitan Pasta (VG)  
Jacket Potato with Choice of Fillings (GF)

New Potatoes (VG) (GF)  
Carrots, Peas  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)

Lemon & Courgette Drizzle Cake (V)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

Roast Chicken (GF)  
Cheese & Onion Pie (V) (GF)  
Jacket Potato with Choice of Fillings (GF)

Crushed New Potatoes (VG) (GF)  
Broccoli, Carrots, Gravy (VG) (GF)  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)

Ice Cream & Fruit (V) (GF)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

Hand Stretched Pepperoni Pizza with Pasta Salad  
Stir Fried Rice & Vegetables (VG) (GF)  
Jacket Potato with Choice of Fillings (GF)

Green Beans, Sweetcorn  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)

Chocolate Cookie (VG)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

Breaded Fish Fingers  
Spanish Omelette (V) (GF)  
Jacket Potato with Choice of Fillings (GF)

Chips (VG) (GF), Peas  
Baked Beans(VG) (GF), Ketchup (VG) (GF)  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)

Sticky Toffee Pudding (V)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

LOCALLY SOURCED  
FRESH  
PRODUCE

BREAD  
AVAILABLE  
DAILY

