

PSHCE (RSHE) at Offley Endowed Primary School

Intent – through our teaching of PSHCE we aim to equip pupils with the knowledge, skills and understanding to:

...take some responsibility for managing their own safety, health and well-being and develop strategies to help make positive choices now and in their future, including ways to help maintain good mental health.

...develop emotional literacy which promotes effective relationships alongside the skills they need to self-regulate and to live confident, healthy, independent lives as individuals, parents and members of society.

...develop a positive approach to diversity and difference alongside recognition of fundamental British values, including democracy, individual liberty, mutual respect and the rule of law.

... understand some basic principles of financial education and enterprise essential to employability in a rapidly changing global economy.

Implementation

Programme of study and coverage

We use the PSHE Association Programme of Study learning opportunities (Jan. 2020), with reference to the DfE Physical health and mental wellbeing statutory guidance (Sept. 2021).

We have tailored these documents to meet our pupils' needs using evidence – e.g. nitrous oxide canisters found regularly in the playground, Hertfordshire CHIMAT and JSNA documentation (*see right*). We also use whole school staff discussion and assessments to ensure that we meet each cohort's needs, depending on their maturity and on the context (for example, KS2 worked on mental health and KS1 on friendship skills when returning from lockdown in March 2021).

Planning: Staff have mapped the objectives in a spiral programme to cover/ revisit in each year group. Pupils are taught the knowledge, skills and understanding appropriate to their age and maturity. This ensures that assessment using the 'I can' statements for the 3 areas is meaningful, as it links to the progressive learning opportunities in the programme of study. Parents and governors were consulted regarding the statutory introduction of RSE.

Supporting Documents

OHID Child and Maternal Health data (Hertfordshire)

Hertfordshire JSNA (Joint Strategic Needs Assessments) documents - e.g. drugs misuse (April 2022), health and wellbeing summary (April 2022)

Protective Behaviours Programme - Feeling Good, Feeling Safe

Yasmin and Tom (FPA Org. RSE online materials - annual subscription)

PSHE Association KS1/KS2 lesson packs

Economic Education schemes of work

PSHCE progression map

Cross-curricular links: PE (healthy lifestyles), Computing (online safety), Geography (how our choices affect the environment), Science (safety with medicines, hygiene, dental care, identifying body parts, changes in the human body, human reproduction, needs of living things, healthy lifestyles), Maths (understanding money, budgeting).

Building self-awareness and confidence

We use a 'spiral' programme which revisits areas in increasing detail as pupils move up the school.

PSHCE is taught in 3 overlapping areas: health and wellbeing, including a range of safety rules; relationships and emotional literacy; living in the wider world, including understanding the need for rules (KS1) and for laws (KS2), challenging discrimination and understanding the role of money.

Through PSHCE and other lessons, we aim to teach pupils interpersonal skills (such as reflection, self-regulation and recognising the need for peer approval), intrapersonal skills (such as active listening, empathy and team working), and enquiry skills (such as formulating questions, separating fact from fiction and managing risk).

PSHCE is also covered:

- in drop down days /weeks such as anti-bullying week, 5 ways to wellbeing days, Clean Air Day and Feeling Good week
- by taking part in charity work, roles and responsibilities within class and at school fairs and other events, including Peer Mediation at playtimes
- in a range of wider opportunities such as road safety training with the local authority Road Safety Officer, mindful yoga club, assemblies by the NSPCC, workshops with water companies, recycling assemblies, visits from magistrates, opportunities to perform at a local care home, at Luton Airport for charity.
- In assemblies, and through coverage of our 12 Christian values
- Via SMSC - visits from Rev. Bell, Jo White (Baptist Church), visits to museums, vertically grouped House Group activities, Reception/ Year 6 buddy system, Peer Mediation etc. (see SMSC grids for year groups/ whole school)

Impact – determines to what extent the intent of the programme has been achieved.

How will we know we have achieved our aims?

Pupils are enthusiastic and engaged in PSHCE lessons.

Teacher assessment and pupils' self-assessment show that pupils have knowledge, skills and understanding in PSHCE.

Pupils' personal development is at least good and at best outstanding.

Pupils self-regulate effectively and show self-awareness and confidence both at school and when visiting places outside school, such as our termly church service.